



WILDERNESS FIRST AID TRAINING

Saturday Sept. 13 and 20

8:00am – 5:00pm

Call for location and further information

American Red Cross Moore County Chapter (910) 692-8571



Wilderness First Aid is a two day, 16 hour class designed for scout leaders, campers, hikers, bikers, canoers, backpackers, kayakers, forest rangers, law enforcement & rescue crews. This emergency response training includes patient assessment, musculoskeletal and soft tissue injuries, splinting, and a variety of other topics.

Providing primary care in bad weather with non-standard equipment and coping with long term care and emergency response: Wilderness First Aid places these issues first and foremost.

Contents:

Leaving or staying with an injured person.

Specific conditions:

1. Exposure
2. Heat syncope
3. Cramps
4. Insect & animal bites
5. Anaphylactic shock
6. Altitude sickness
7. Wounds
8. Sucking chest wounds
9. Fractures
10. Toothache

WFA leads to a certification that expires 3 years after the end of the class.